

1. **ANCHORAGE:** According to OSHA, anchorage is a secure point of attachment for lifelines, lanyards or deceleration devices. ANSI Z359 defines anchorage as a fixed structural component such as a beam, girder, column or floor that can support the forces exerted in arresting a fall.
2. **ANCHORAGE CONNECTOR:** Refers to the component by which the connecting device is coupled to the anchorage.
3. **ANSI:** American National Standards Institute.
4. **APPROVED:** Sanctioned, endorsed, accredited, certified, or accepted as satisfactory by a duly constituted and nationally recognized authority or agency.
5. **AUTHORIZED PERSON / DESIGNATED PERSON:** A person approved or assigned by the employer to perform a specific type of duty or duties or to be at a specific location or locations at the jobsite.
6. **BODY SUPPORT:** A body support, or body wear, is the component that is worn on or around the torso. Body belts and full body harnesses are the two most common body supports.
7. **COMPETENT PERSON:** One who is capable of identifying existing and predictable hazards in the surroundings or working conditions which are unsanitary, hazardous, or dangerous to employees, and who has authorization to take prompt corrective measures to eliminate them.
8. **CONNECTING SUBSYSTEM:** The critical link which joins the body wear to the anchorage/ anchorage connector. It can be an energy-absorbing lanyard, fall limiter, self-retracting lifeline, rope grab, or retrieval system.
9. **DEFECT:** Means any characteristic or condition which tends to weaken or reduce the strength of the tool, object, or structure of which it is a part.
10. **HARNESS:** A full body harness is a body support device that distributes fall arrest forces across the shoulders, thighs and pelvis. Full body harnesses have a center back fall arrest attachment for connection to the fall arrest connecting device and may have other D-rings for use in worker positioning, fall prevention, suspension or ladder climbing.
11. **QUALIFIED PERSON:** One who, by possession of a recognized degree, certificate, or professional standing, or who by extensive knowledge, training, and experience, has successfully demonstrated his ability to solve or resolve problems relating to the subject matter, the work, or the project.
12. **RESCUE:** A retrieval system that is primarily used in confined space applications where workers must enter tanks, manholes, etc. and may require retrieval from above should an emergency occur.
13. **RESTRAINT:** A restraint system will prevent the worker from reaching a location where a free fall hazard exists.
14. **SUITABLE:** Means that which fits, and has the qualities or qualifications to meet a given purpose, occasion, condition, function, or circumstance.
15. **SUSPENSION / PERSONNEL RIDING:** Used widely in the window washing and painting industries and are designed to lower and support a worker vertically while allowing a hands-free work environment.
16. **WORK POSITIONING:** A system that is used to hold a worker in place while allowing a hands-free work environment at elevated heights.